

BEST PRACTICES 2018-19

Human existence depends upon compassion and curiosity leading to knowledge. Our Institution envisions a Life Oriented Education that empowers students to take responsibility in every socially relevant issue. The institution pays special attention to inculcate values in the students at every opportunity. Our college was envisioned as an educational institution that will be an inspiration and guiding force to mould, enlighten and empower generations. The college has always kept in mind its vision to empower students to respond to every issue in society in a positive way. With this purpose in mind our Institution organizes events:

- To create leadership development opportunities for students and to foster a commitment to social and civic responsibility
- To foster social responsibility among students, whereby we can transmit appropriate values, traditions, skills and cultural norms to the next generation
- Encourage students to bring changes through group action.

BEST PRACTICE 1: VALUE BASED INITIATIVES (VBI)

1. Title of the practice : VALUE BASED INITIATIVES (VBI)

2. The context that required the initiation of the practice :

It is the mission of our Institution to provide education to the downtrodden sessions of society, thereby uplifting them and instilling in them the capability to shoulder responsibilities and turn out to be better citizens of the future. The values upheld by our Institution are grounded on the teachings and philosophies of the great Sree Narayana Guru, which is mainly to provide help to the weaker sessions in our society and community at large.

3. Objectives of the practice :

Students are equipped with knowledge of values through various programmes including seminars, talks, awareness programmes, club activities, important day celebrations, religious festivals, health and physical education classes etc.

1. To develop in students universal values
2. To realize the need for self-esteem, self-discipline and spiritual intelligence
3. To spread the vision of our institution that is based on the teachings of the Guru
4. To inculcate the quality of punctuality
5. To extend to the society the values inculcated through education.

4. The Practice:

SNM TRAINING COLLEGE has a long tradition of promoting values among students. Value based education is imparted through morning assembly, seminars based on values, national festivals, religious festivals, club activities, awareness programmes, health and physical education activities etc. Our morning assembly has been developed to encourage pupils to reflect upon a set of universal values, such as love, peace, truth, co-operation and respect. These values act as the foundation not only for religious education but for the development of personal, social and health education, citizenship and the spiritual, moral, social and cultural aspects of the curriculum. In other words they underpin the institutional values and the whole of the curriculum. It acts as a medium for communicating matters of significance from one generation to another. We include prayer, health tips, daily news, quiz, yoga, and discussion on social issues, thought for the day, motivational videos in our morning assembly. For the achievement of our mission and goals of the institution we put emphasis on the observance of punctuality, timely submission of assignments, well planned academic and nonacademic schedules. Records of the students related to cultural functions, field visits, study tours, sports, seminars, important day celebrations etc are documented. Every documentation follows the steps like-goals, procedure, outcome of the respective event.

As part of Sree Narayana Academy of Value Education (SAVE), a seminar was organised by SNM Training College, Moothakunnam on 1/08/2018. The session was headed by Dr. Jayasree Sukumaran, retired Principal and Professor of Maharajas College, Ernakulam on the theme 'Educational Philosophy of Sree Narayana Guru'. She delivered a detailed talk on thoughts and philosophy of Sree Narayana Guru and its relevance in the present day world.



A class was conducted in the month of January 2019 on 'Anti Drug awareness'. It was attended by the secondary school students of our practice teaching schools. The class was handled by second semester B Ed degree students, which turned out to be relevant and informative.

4. Obstacles faced if any and strategies adopted to overcome them :

Not only our institution but the home places of staff and students were badly affected in the flood we couldn't able to conduct much programmes. Even in this hardest time we tried to conduct many activities to uplift our society and tried our maximum to help them

6. Impact of the practice :

This practice helped to instill social values and responsibility in our prospective teachers. Through these they could show their social commitment as nation builders. These practices acted as a platform for knowledge sharing and value inculcation for both teachers and students.

Contact Persons for further details:

The Principal,

SNM TRAINING COLLEGE,

MOOTHAKUNNAM

BEST PRACTICE 2: SOCIAL RESPONSIBILITY INITIATIVES (SRI)

1. Title of the practice: SOCIAL RESPONSIBILITY INITIATIVES (SRI)

Our college inculcates social value and responsibilities to the faculty members and students by imparting extension activities in the neighborhood for holistic development of the society and rendered social services to the community. It aims at the involvement of students on a voluntary basis in various activities of social service and national development which while making a contribution to socio-economic progress would also provide opportunities to the students to understand and appreciate the problems of the communities. Social activities in college give the opportunity to observe how other people act in these situations. It gives an opportunity to see behaviors that we want to emulate or behaviors we wish to avoid. Throughout these observations and experiences, you can learn new ways to handle yourself in social situations. These skills will benefit you as you pursue a career and engage with people who interest and inspire you. Often, such activities provide the students with opportunities to develop leadership, social responsibility, citizenship, volunteerism, and employment experience. It aims at developing amongst students a sense of participation in nation building through Social Work. The college has always kept in mind its vision to empower students to respond to every issue in society in a positive way.

2. The context that required the initiation of the practice:

Our college is situated in a rural society which needs much upliftment in all sectors of life. Even Though many educational facilities are provided in our locality, parents are unaware of the current happenings in society. In order to inculcate environmental consciousness, reading habit, health practices and parenting we have arranged programmes.

3. Objectives of the practice:

1. To extend help to flood affected people of the area.

2. To help people equip themselves with various skills like doll making
3. To inculcate the sense of social commitment in students
4. To develop values like caring, compassion and sacrifice.
5. To develop the sense of universal brotherhood in students.

CHEKKUTTY DOLL MAKING WORKSHOP

The Social Extension Activity Wing conducted a workshop on ‘Chekkutty doll making’. The main objective of this workshop was to help the flood affected people .Chekkutty is a doll upcycled from the Chendamangalam handloom sarees that were destroyed during the Kerala floods. Chekkutty or Chendamangalam Kutty is the name given to the dolls made from the garments at Chendamangalam that were soiled and destroyed during the floods. After germ free treatment, the clothes and yarn are used for making dolls and beautifully decorated with fabric paint and it was exported and the income was used to rejuvenate Chendamangalam Kaithari weavers. The workshop was steered by Smt. Sreekala, a higher secondary school teacher cum social worker. Around 150 students participated in that workshop. It was aimed to revive Chendamangalam kaithari weavers who had lost everything in the 2018 flood. This workshop helped our students to become responsible persons in society. This showed their social commitment as a future teacher.



KESADANAM-SNEHADANAM

Our institution in collaboration with Amala Cancer Institute conducted an ‘awareness class on Kesadaanam-snehadaanam’. The donated hair was used for making wigs for cancer patients who have experienced hair loss due to the treatment of any form of cancer. On 4th February, 2019, World Cancer Day, students, teachers and local people donated their 30 cm long hair for this great cause. Around 56 persons donated their hair. Vadakkekara Grama Panchayath President Sri.Ambrose inaugurated the function. We could include people from various sectors of the society. Three beauticians from our locality helped us in this activity. Mementos and certificates were provided for the participants. In the coming years too, our Institution plans to conduct hair donation programmes, to extend a helping hand to the ailing cancer patients. This programme was intended to inculcate the value of caring, compassion and sacrifice. Through hair donation we empathize with people diagnosed with cancer. This helps them to feel ‘Normal’, which in turn helps to avoid the stares of strangers. By donating hair we extend a hand to those who lost their self confidence and help them to look at themselves confidently and live their lives. Along with this, the programme reminded us of the increasing rate of cancer among people.”.



Reviving with Colours Renovation of Anganwadi

Kerala was trying together to overcome the flood of 2018 and exhibited monumental strength to bounce back from the tragedy. As part of this the students of snm training college decided to take part in the renovation of the nearby anganwadi which was affected by flood



Back to eco friendly world

It was conducted at government health centre, Moothakunnam. The main motto was eradication of plastic bags from day to day life or to reduce the usage of plastic to minimum. As part of this the students made cloth bags and distributed it to the patients including out patient and staff of the hospital.



Knowing the unknown

15 women from different fields were selected for an interview and their professional and personal life details were collected. It was later published as a magazine named "PENADAYALANGAL". It was a session which gave an opportunity to know about the life of women who led a successful life by balancing the professional life and personal life.

Visit to Sreenarayana Sevika Ashram

Students of B Ed fourth semester visited Sreenarayana Sevika Ashram accompanied by Dr Seeja K R , the coordinating teacher for the program. An amount of Rs 5000 was collected from staff and students of the college and donated for the developmental activities of the old age home run by the ashram. The students presented sweets and fruits to the inmates of the ashram and spent some quality time chatting with them. Some of the students got opportunity to teach the students of L P School also run by the Ashram. The interaction was a refreshing experience to the inmates and the B Ed Students alike.



Career Exhibition 2018-19

The students of B Ed fourth semester under the guidance of Dr Seeja K R, Assistant professor in General education conducted a career Exhibition for the secondary school students. Each student

collected information regarding a career and presented them in the form of charts and career album. The details regarding 50 careers were exhibited. The Career Exhibition was held on 7.02.2019 in the General Assembly Hall of the college. The exhibition was inaugurated by the Principal, Dr Asha O S. The students of nearby schools visited the exhibition and feedback was collected from them which they rated excellent.



5. Obstacles faced if any and strategies adopted to overcome them:

We couldn't give much publicity through media, many more people wanted to give their hair. So next time we planned to give more publicity

6. Impact of the practice:

All these activities helped to create a social commitment in our prospective teachers. They extended a helping hand even in their own harder times.

Contact Persons for further details

The Principal,
SNM Training College,
Moothakunnam

