

## BEST PRACTICES 2019-20

### BEST PRACTICE 1: VALUE BASED INITIATIVES (VBI)

1. Title of the practice : VALUE BASED INITIATIVES (VBI)

2. The context that required the initiation of the practice :

It is the mission of our Institution to provide education to the downtrodden sessions of society, thereby uplifting them and instilling in them the capability to shoulder responsibilities and turn out to be better citizens of the future. The values upheld by our Institution are grounded on the teachings and philosophies of the great Sree Narayana Guru, which is mainly to provide help to the weaker sessions in our society and community at large. Many events have been organized every year by our Institution keeping the preachings of the Guru in the forefront.

3. Objectives of the practice :

Various programmes are organized by the Institution desirable for a better living in the society to inculcate values like social, cultural, personal, national, scientific, environmental etc. Students are equipped with knowledge of values through various programmes including seminars, talks, awareness programmes, club activities, important day celebrations, religious festivals, health and physical education classes etc. Values like compassion, humanity, truthfulness, faithfulness, love, mutual respect, co-operation and empathy all are developed by indulging in the diverse events brought forward by the Institution. Some of the objectives are listed below:

- To act upon the vision of the Institution that based on the teachings of the great Guru
- To develop values pertaining to society and the Universe at large.
- To develop a sense of community living and intervene in societal needs.
- To develop self-esteem and self-reliance while working for the society.
- To spread the values inculcated through education to various spheres of society.
- To inculcate values pertaining to patriotism and national obligation.

4. The Practice:

SNM Training College conducted a hair donation programme for cancer patients. Through active participation from the community and the teaching and student fraternity, the event could spread the reverberation of the value of compassion for fellow human beings. The cancer patients were supplied with the hair collected from various sections of the society. The programme was undertaken to instill in the students the values of

sympathy and love which in turn would have a positive impact for the cancer patients under treatment.

The institution conducts programmes commemorating days of national importance under various heads of various clubs. Kargil Vijay Divas, Hiroshima Day, Independence Day, Rashtriya Ekta Diwas, National Science Day, Ethnic Day Teachers Day etc. are among a few of the programmes conducted. These programmes inculcated national values among children. The values like integrity, transparency and fight against corruption were acquired by celebrating vigilance awareness week. The morning assembly conducted on a daily basis includes spread of values through programmes like Thought for the Day presented. Days of special importance are focussed upon and programmes related to these are organised. Importance is given to bring about religious harmony by incorporating elements from various religions during the morning assembly. Our campus was announced as the 'smiling campus to spread the positive energy of smiles. As part of Ek Bharat Shreshtha Bharat Cultural Exchange Programme 'Kera-Chal' the students were introduced to the world of ethnic weaves, language, dance and tastes of Himachal Pradesh to provide a sense of consciousness and appreciation towards the rich and varied cultural heritage of Himachal Pradesh.

4. Obstacles faced if any and strategies adopted to overcome them :

Only 19 persons donated their hair during Kesadanam-Snehadanam hair donation camp, This is a small number when compared to the previous year's camp. This may be due to lack of enough publicity for the programme in advance. So next year onwards we planned to give publicity one month before.

6. Impact of the practice :

This practice helped to instill social values and responsibility in our prospective teachers. Through these they could show their social commitment as nation builders. These practices acted as a platform for knowledge sharing and value inculcation for both teachers and students.

## **BEST PRACTICE 2: SOCIAL RESPONSIBILITY INITIATIVES (SRI)**

1. Title of the practice : **SOCIAL RESPONSIBILITY INITIATIVES (SRI)**

Social activities in college give the opportunity to observe how other people act in these situations. It gives an opportunity to see behaviors that we want to emulate or behaviors we wish to avoid. Throughout these observations and experiences, you can learn new ways to handle yourself in social situations. These skills will benefit you as you pursue a

career and engage with people who interest and inspire you. Often, such activities provide the students with opportunities to develop leadership, social responsibility, citizenship, volunteerism, and employment experience. It aims at developing amongst students a sense of participation in nation building through Social Work. The college has always kept in mind its vision to empower students to respond to every issue in society in a positive way.

## 2. The context that required the initiation of the practice

Our college is situated in a rural society which needs much upliftment in all sectors of life. Even Though many educational facilities are provided in our locality, parents are unaware of the current happenings in society. Inorder to inculcate environmental consciousness, reading habit, health practices and parenting we have arranged programmes.

## 3. Objectives of the practice

1. To develop values like compassion, love and sacrifice towards fellow creatures.
2. To develop in students the sense of cooperation and mutual respect.
3. To help students develop in them the concept of selfless service and empathy.
4. To enable students to develop leadership, teamwork and administrative skills.
5. To make students familiarize with the concept of authority, accountability and responsibility.
6. To arouse social consciousness of the students by providing them opportunities to work with and among the people.
7. To develop an awareness and knowledge of social realities to have concern for the well being of the community and engage in creative and constructive social action.
8. To mould socially conscious and responsible individuals
9. To foster social responsibility among students, whereby we can transmit appropriate values, traditions, skills and cultural norms to the next generation .

## 4. The Practice

A major programme undertaken by SNM Training College as part of the extension club functioning in the college was the adoption of a ward of the nearby community, termed as Grama Sevana Padhathi. Various areas that needed thrust and development were identified and placed under five heads. Students were distributed into these five categories under the stipulated faculty members. This helped in identifying the needs of

the immediate society and to arrange programmes related to the improvement of the village area as such.

Various other activities including cleaning the nearby beach premises, hospital cleaning, distribution of cloth bags to promote a plastic free atmosphere, etc. were conducted. These activities helped students to develop values like co-operation, universal brotherhood and compassion.

- Planning:** Every programme begins with a common planning meeting where all students come together. Staff in-charges are designated by the staff council even before the planning meeting. The first session involves choosing leaders and work division.. The students are then divided into various committees, based on the requirements of the programme.. This is then documented .

- Implementation:** The sub-committees coordinated by the Coordinators implement the programme.

- **Monitoring:** is done by the Coordinators and leaders assisted by staff-incharges.

- Evaluation:** After the programme an evaluation session is mandatory. During evaluation a feedback is taken from each committee. They report on what went right and wrong and how future programmes can be made better.

- Reporting:** The Documentation committee reports every incident from planning to evaluation and hands over the report to documentation desk

5. Obstacles faced if any and strategies adopted to overcome them :

- Covid lockdown interrupted our grama sevana padhathi very much. We are forced to change our planned programmes. But we have arranged so many other relevant programmes.

- Some students tend to opt for one kind of committee consistently- e.g. documentation or food etc. Every effort is taken that students are exposed to different types of committees.



Grama Sevana Project : Adopting Vadakkekara Grama Panchayath



Distribution of utility kits during flood 2018      Paper & cloth bag distribution



Flood relief activities 2019 @Waynad



Distribution of mask and pamphlets to school students to conscientise about COVID19



Sanitizer preparation by teachers for distributing to wards to conscientise about COVID19



FRUITICO – NATIVE FRUITS EXHIBITION 25-07-2019



FRUITICO – NATIVE FRUITS EXHIBITION 25-07-2019



Observance of vigilance awareness week: Rally and pamphlet distribution by students



SCAFOS: Think before you throw-Exhibition



Swacchh Bharat: Cleaning Cherai Beach premises



Flash mob to conscientise public about plastic eradication & drug abuse



KESADANAM-SNEHADANAM- Hair donation camp



Ethnic Day



Ek Bharat Shresth Bharat